

# Technology and Social Media Causes of Marriage and Divorce (Study of Besilam Village, Langkat Regency)

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**Abstract—** Marriage and divorce are two important aspects of people's lives that are often influenced by the development of technology and social media. In today's digital era, technology and social media have become an inseparable part of everyday life, influencing various aspects of life including interpersonal relationships, including in the context of marriage and divorce. Besilam Village, Langkat Regency, is no exception to this impact. This study aims to investigate the legal consequences of technology and social media on marriage and divorce in Besilam Village. This research is relevant considering the significant changes in communication patterns, social interactions, and consumer behavior as a direct impact of technological advances and the increasingly widespread use of social media in society. By understanding more deeply the legal impacts associated with the use of technology and social media in the context of marriage and divorce, it is hoped that more effective strategies and solutions can be found in dealing with the problems that arise. Through this study, it is hoped that it will be revealed how technology and social media have influenced the pattern of marital relationships and the divorce process in Besilam Village. The findings of this study are expected to be the basis for the development of better policies, programs, and interventions in dealing with the

negative impacts and strengthening the positive aspects of the development of technology and social media in the context of marriage and divorce.

**Keywords:** *Technology and Social Media, Causes of Occurrence, Marriage, Divorce (Study of Besilam Village, Langkat)*

## I. INTRODUCTION

Technology and social media have become an integral part of the daily lives of modern society. The development of information and communication technology has brought about significant changes in the way humans interact, communicate, and access information. One of the most important aspects of this change is the emergence of social media, which provides a platform for individuals to share content, communicate with others, and engage in various online activities. The presence of social media in today's society has provided enormous benefits, especially in the current pandemic era. Social media is quite helpful in eliminating the distance between people, so it is very effective in shortening the time in communicating. However, something that has a high positive impact does not rule out the possibility of having a high negative impact as well. In recent years, social media has become the main means for many people to get news, build social networks, and express their opinions on various issues. However, with the development of



technology and social media, new challenges and risks have also emerged, including privacy issues, the spread of false information, cyberbullying, and digital dependency. In today's digital era, increasingly sophisticated technology and increasingly widespread social media penetration have had a major impact on various aspects of life, including relationships and marriage. The increase in divorce rates in recent years in various countries raises questions about whether the impact of technology and social media could be one of the factors causing the increasing divorce rate in this digital era. The significant impact of the development of technology and social media is clearly visible in the realm of relationships and marriage. The increasing divorce rate in several countries is a serious concern for various groups, including social experts and researchers. Allegations have arisen that the development of technology and social media has contributed to the increasing divorce rate. Divorce is a process of terminating a marriage relationship that has been legally made between two partners. Some factors that may play a role in the relationship between technology, social media, and divorce rates in this digital era include: 1. Information Availability and Accessibility: Technology and social media allow individuals to easily find information about various aspects of life, including options for resolving problems in relationships. However, diverse and sometimes unverified information can influence perceptions and decisions in relationships, including decisions to divorce. 2. Intensive Virtual Interaction: Social media provides a platform for intensive social interaction, even outside the real environment. Excessive interaction with others on social media can disrupt real-life relationships, trigger conflict, or cause dissatisfaction in existing relationships. 3. Social Comparison: Technology and social media allow individuals to compare their lives to the lives of others, often only showing selective sides. This social comparison can create additional stress in relationships, increase dissatisfaction, and even trigger a

desire to end the relationship. 4. Digital Addiction: Excessive dependence on technology and social media can reduce the quality of interaction between partners in a relationship. When one partner prefers to spend time on social media rather than interacting directly with their partner, this can disrupt the quality of their relationship and ultimately contribute to higher divorce rates. 5. Ineffective Communication: Although technology and social media facilitate communication, their inappropriate or excessive use can lead to ineffective communication between partners. For example, the use of text messaging or online chats that are less than in-depth can reduce understanding and openness between partners, which in turn can lead to conflict and dissatisfaction in the relationship.

## II. METHODS

This research was conducted using a qualitative descriptive method with a jurisprudential model. In using this method, the primary and secondary data obtained will be elaborated in order to obtain a picture of the situation and conditions in the research area. The population in Besilam Village is 2,456 families. From the results of the interview with Mr. Rahmat as Secretary of Besilam Village, Langkat Regency. This open interview technique can be the right means to obtain real information. This study aims to test and provide empirical evidence where technology and social media are the causes of marriage and divorce.

## III. RESEARCH RESULT

From the results of the interview with the researcher on March 12, 2024 in Besilam Village, Langkat Regency. The results of the Community Service were obtained, namely: How do technology and social media affect marriage and divorce in Besilam Village, Langkat Regency? In this interview, we spoke with several residents of Besilam Village, especially those who are married and divorced, as well as local community observers. We

found that marriage and divorce in Besilam Village are significantly influenced by the development of technology and social media. The influence of technology: a. Communication. Technology has facilitated communication between couples, especially those who have to be separated temporarily due to work or other matters. Instant messaging applications such as WhatsApp allow them to stay connected and strengthen interpersonal bonds. b. Availability of Information. Easy access to the internet allows couples to seek information about marriage, gender roles, and communication skills. This can help improve their understanding of relationships and strengthen their skills in establishing healthy communication. c. Social Networks. Social media provides a platform to build and maintain relationships with friends, family, and the community. However, sometimes this can also be a source of conflict, especially if interactions with others outside the marital relationship are not well managed. The Impact on Marriage: a. Strengthening Bonds. The use of technology helps couples stay connected, share moments, and strengthen their emotional bonds. b. Dependence. However, there is also a risk of dependence on technology that can interfere with direct interactions between couples. For example, excessive involvement in social media can reduce time spent together and interfere with interpersonal communication. Impact on Divorce: a. Conflict. Social media use can also be a source of conflict in marriage. For example, conversations that start on social media platforms often lead to arguments in real life. b. Opportunity for Infidelity. Social media provides opportunities for couples to connect with others outside the marriage, which can increase the risk of infidelity and ultimately divorce. Humans as social beings certainly need communication with other humans, in this digital era communication can not only be said when we meet each other directly but also through electronic devices, one of which is a cellphone. Current cellphone users seem to know no age limits, from children to adults are currently using social media. So it can be said

that communication is an important thing for humans. Marriage not only unites two couples but also unites the two families. When there is a problem in the household conflict due to misuse of social media, so it is possible that it is known by the families of both parties.

#### IV. CONCLUSION

Based on the results of the study, several things can be formulated or found, including the following: 1. Social media and technology have had a significant impact on the dynamics of marriage and divorce in Besilam Village. The rapid spread of information and easy accessibility through social media have changed the pattern of communication and social interaction between husband and wife. 2. The use of social media can also be a trigger for conflict in the household, such as issues of loyalty, privacy, and differences in values obtained from online interactions. 3. Technology also affects the legal process related to divorce, such as proof of divorce based on digital evidence and the use of social media in the mediation or negotiation process.

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